November 2021 | YMCA Lealman Exchange Events Calendar | 5175 45th Street N, Lealman, FL 33714

Monday	*Tuesday*	*Wednesday*	*Thursday*	*Friday*
1 Delay the Disease Bootcamp/Intermediate 10:30am – 11:30am	2 SilverSneakers Classic 9:00am – 9:50am Delay the Disease Program 10:00am – 11:00am	3 Delay the Disease Bootcamp/Intermediate 10:30am – 11:30am	4 SilverSneakers Classic 9:00am – 9:50am Delay the Disease Program 10:00am – 11:00am	5
8	9 SilverSneakers Classic 9:00am – 9:50am Delay the Disease Program 10:00am – 11:00am	10	11 SilverSneakers Classic 9:00am – 9:50am Delay the Disease Program 10:00am – 11:00am	12
15	16 SilverSneakers Classic 9:00am – 9:50am- Delay the Disease Program 10:00am – 11:00am-	17	18 SilverSneakers Classic 9:00am – 9:50am Delay the Disease Program 10:00am – 11:00am	19
22	23 SilverSneakers Classic 9:00am – 9:50am Delay the Disease Program 10:00am – 11:00am	24	25 NO CLASSES CLOSED FOR THANKSGIVING HOLIDAY	26
29	30 SilverSneakers Classic 9:00am – 9:50am Delay the Disease Program 10:00am – 11:00am		ALL CLASSES WILL BE LOCATED IN THE GYMNASIUM BUILDING B	

Please call (727) 464-5404 with any questions

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